

Kentuckiana Businesses!

Improve Your
Employees' Health
& Fitness for

FREE!

www.kentuckianahealthalliance.org

and click the  logo.

For more information, contact the UAW/Ford Community Healthcare Initiative office at 502-238-3601 or email rdeaton@ford.com or mlyle3@ford.com.

Underwritten & Proudly Supported by:
Anthem
FOUNDATION, INC.



Join the NEW Kentuckiana Metro on the Move (KMOM) community worksite wellness program. It's FUN! It's FREE! This web-based physical activity and weight loss tracking program uses innovative technology to motivate your employees to adopt a healthier lifestyle. Employees can have fun competing individually or in teams in easy, virtual challenges using Google Earth.

Employers can affect their bottom line with healthier & more fit employees. We will teach you to navigate our website and report your progress. We will also provide promotional materials for your workplace, including bookmarks and table tents. Please visit our website at www.kentuckianahealthalliance.org, and click on the "Kentuckiana Metro on the Move" logo.

Register your organization before September 1st to join our "Fall into Fitness" 10 Week Challenge!

WIN
PRIZES & AWARDS!





Join Kentuckiana Metro on the Move with these worksites:

- Anthem Blue Cross Blue Shield
- Buechel Fire Protection District
- Chest Medicine Associates
- Commonwealth Bank & Trust Company
- Foundation for a Healthy Kentucky
- Ford Motor Company
- Greater Louisville Medical Society
- Hilliard Lyons
- Jewish Hospital & St. Mary's HealthCare
- Jones Plastic & Engineering / Rev-A-Shelf, LLC
- Kentucky Research Group
- Kentucky Orthopedic Rehab Team (KORT)
- Norton Healthcare
- The Oliver Group
- Parsons Brinckerhoff, Inc.
- Passport Health Plan
- Rohm and Haas
- Rudd Equipment Company
- Sleep Medicine Specialists
- Tyson Foods of Corydon
- Unified Foodservice Purchasing Co-Op
- United Auto Workers (UAW)
- Woodward Hobson & Fulton, LLP
- YMCA of Greater Louisville



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Coordinating Partners:



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